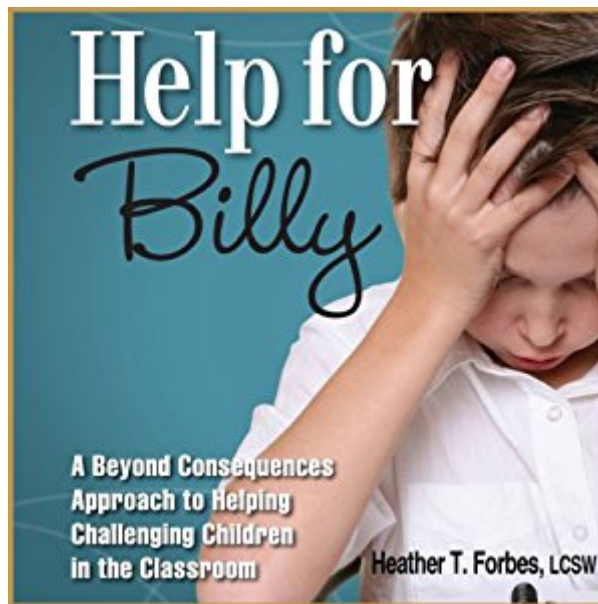


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# Help For Billy: A Beyond Consequences Approach To Helping Challenging Children In The Classroom



## Synopsis

Help for Billy is a pragmatic manual to help guide families and educators who are struggling with traumatized children. Based on the concept of the neuroscience of emotions and behavior, Heather Forbes provides detailed, comprehensive, and logical strategies for teachers and parents. This easy to listen audiobook, clears the way for a better understanding of the true nature regarding traumatic experiences affecting the brain and learning. It is a must listen for anyone working with a child in the classroom.

## Book Information

Audible Audio Edition

Listening Length: 6 hours and 26 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Beyond Consequences Institute, LLC

Audible.com Release Date: November 8, 2013

Language: English

ASIN: B00GJZ3YJ4

Best Sellers Rank: #82 in Books > Audible Audiobooks > Nonfiction > Education #1332

in Books > Education & Teaching > Schools & Teaching > Education Theory #1697 in Books >

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## Customer Reviews

In each of her books for adoptive parents, Heather Forbes has written knowledgably with an emphasis on compassion and understanding. In Help for Billy, her approach is again steeped in respect, empathy, and love for the child. He's not scapegoated as the problem; he's viewed as a child with problems. Billy is not a bad kid; he's a kid that life has thrown into the white water and he is struggling mightily to stay afloat. Yes, it is challenging to be the parent or teacher of a child like Billy. His behavior is problematic. It is both a symptom and evidence of Billy's need for help. Several points in the book resonated with me. First Forbes encourages educators and parents to reformulate the questions they ask themselves as they try to determine how to help Billy. Instead of querying, How can Billy change his behavior? She recommends asking, How can we assist Billy in feeling safe, supported and calm? Until this second question is asked and the answer is found, changing Billy's behavior with consequences, threats, and constraints is impossible. Even worse, it is damaging to the family relationships as well as the teacher-child

relationship. Relationship influences everything. It is the channel through which a child is influenced, healed, and motivated. In the absence of relationships that feel safe and calm, Billy will be unable to function because he will be entirely focused on surviving and/or escaping his fears. Learning and "behaving" take a backseat to survival in the moment of fear. Another salient point of the book "alter the desired outcome" is phrased this way: "Your ability to give love and stay mindful is the new outcome." This statement may seem contrary to the premise of the book "Help for Billy."

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